



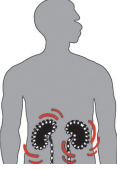
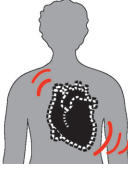









<p>Active ingredients (generic names)</p>	<p>URINARY ALKALINISERS (ur-in-ary alk-al-in-i-sers)</p>  <p>May contain combinations of citric acid, tartaric acid, sodium bicarbonate, sodium citrotrate, sweetener.</p>
<p>What it is used for</p>	<ul style="list-style-type: none"> • Relieving burning from infections of kidney, bladder, urine • Some types of kidney stones
<p>How it works</p>	<ul style="list-style-type: none"> • Decreases levels of acid in urine and relieves pain, burning and discomfort of urinary tract infections (UTIs) or infections of kidney or bladder • Doesn't kill bacteria that causes infection, but can help discomfort caused by UTIs 
<p>Side effects</p>	 <p>Diarrhoea</p>

 <p>Warnings</p>	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>Kidney trouble — Do not use if fluid or salt overload a problem</p> </div> <div style="text-align: center;">  <p>Heart failure — Do not use if fluid or salt overload a problem</p> </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>High BP — Do not use if fluid or salt overload a problem</p> </div> <div style="text-align: center;">  <p>Medical consult if needed for more than one week</p> </div> </div>
<p>Interactions — Do not use together without medical consult</p> <p>URINARY ALKALINISERS with</p> <ul style="list-style-type: none"> • Nitrofurantoin • Lithium • Fosfomycin and methenamine hippurate 	
<p>Tell the patient</p> 	<ul style="list-style-type: none"> • May make you wee more often <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>Sachet Mix sachet with glass of water before use</p> </div> <div style="text-align: center;">  <p>Return to clinic if needed for more than a short time</p> </div> </div>
<p>Check</p>	<ul style="list-style-type: none"> • Test for diabetes if patient gets lots of UTIs • Check for signs of fluid or salt overload <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>Blood pressure</p> </div> <div style="text-align: center;">  <p>Weight</p> </div> </div>