	PROMETHAZINE (pro-meth-a-zeen)
Active ingredients (generic names)	Other sedating antihistamines         Not included in this monograph — see AMH for information:         • Alimemazine         • Cyclizine         • Cyproheptadine         • Dexchlorpheniramine         • Diphenhydramine         • Doxylamine
What it is used for	<ul> <li>Allergic reactions (eg hayfever, itch, rash)</li> <li>Itchy eyes (eg fly bite)</li> <li>Motion sickness (sea or car travel)</li> <li>Nausea and vomiting</li> <li>Sedation (eg penetrating eye injury)</li> </ul>
How it works	<ul> <li>Allergic reactions are caused by release of a chemical messenger (neurotransmitter) called histamine</li> <li>Antihistamines reduce the body's response to allergy by blocking histamine receptors</li> <li>Promethazine also blocks other receptors to control nausea and prevent vomiting</li> </ul>
Side effects	Sleepy       Dizzy       Blurred vision         Dizzy       Dizzy       Dizzy         Dry mouth       Confusion       Constipation         Neuroleptic malignancy syndrome — life threatening reaction presenting with mental status change, rigidity, fever, and increase heart rate, BP and breathing

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Allergy and anaphylaxis

