Active ingredients (generic names)	VALPROATE (val-pro-ate)
What it is used for	 Epilepsy (fitting) Bipolar (mood) disorder Preventing migraine when other medicines have not worked
How it works	Works in the brain to stop or prevent fits and to help even out moods
Side effects	• Drowsiness at beginning of treatment Nausea and vomiting Weight gain Bleeding or bruising Tremor

0

0



Pancreatitis





Pregnant

Liver trouble

Warnings

Interactions — Do not use together without medical consult

- Valproate interacts with a lot of different medicines always check with doctor or pharmacist before adding another medicine
- Swallow tablets whole. **Do not** chew them
- Do not take more than 1 aspirin a day low dose (100mg)
- If you are pregnant or planning on becoming pregnant discuss this with the doctor







Take with food or milk so medicine doesn't make you feel sick



Do not drink alcohol (grog) (medicine increases the effects)



Do not stop taking medicine Take medicine as instructed to stop symptoms coming back



Return to clinic straight away if you have fever, abdominal pain, vomiting, yellowing of skin or eyes, bruising or bleeding

Warning stickers (page 310): 9, 10a, 12, 13, A, B

 Women of child bearing age are using effective contraception due to risk of birth defects (teratogenic risk)

Check



Weight



Blood test Check liver function tests (LFT), FBC