
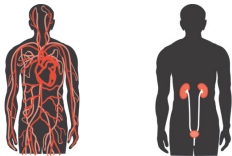





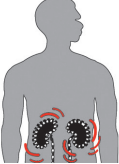








<p>Active ingredients (generic names)</p>	<p>INDAPAMIDE (in-dap-a-mide) HYDROCHLOROTHIAZIDE + IRBESARTAN (hy-dro-chlo-ro-thi-a-zide + ir-be-sar-tan) INDAPAMIDE + PERINDOPRIL (in-dap-a-mide + per-in-doe-pril)</p>  <p>Other thiazide diuretics Not included in this monograph — see <i>AMH</i> for information:</p> <ul style="list-style-type: none">• Chlorthalidine• Hydrochlorothiazide (HCT) <p>Combination medicines Not included in this monograph — see <i>AMH</i> for information or separate monographs:</p> <ul style="list-style-type: none">• Enalapril + HCT• Fosinopril + HCT• Quinapril + HCT <p>Other ARB & thiazide diuretic combinations Not included in this monograph — see <i>AMH</i> for information:</p> <ul style="list-style-type: none">• Candesartan + HCT• Eprosartan + HCT• Olmesartan + HCT• Telmisartan + HCT• Valsartan + HCT
<p>What it is used for</p>	<ul style="list-style-type: none">• High BP (hypertension)• Reducing fluid build up caused by heart failure or kidney problems
<p>How it works</p>	<ul style="list-style-type: none">• In low doses — opens up blood vessels to lower BP• In high doses — helps kidneys to remove extra fluid from body 
<p>Side effects</p>	<ul style="list-style-type: none">• The higher the dose the greater the risk of side effects• Weak muscles or cramps• Body salts (electrolytes) out of balance (eg low potassium, low magnesium)  <p>Dizzy</p>  <p>Dehydration</p>

 <p>Warnings</p>	<div>  <p>Pregnant</p>  <p>Old people</p>  <p>Kidney trouble</p>  <p>Gout</p> </div> <p>Interactions — Do not use together without medical consult</p> <p>INDAPAMIDE with</p> <ul style="list-style-type: none"> • NSAIDS • Lithium
<p>Tell the patient</p> 	<ul style="list-style-type: none"> • Slow-release tablets must be swallowed whole • You may wee more to start but this will be much better after a few days <div>  <p>Take in the morning to reduce night time waking</p>  <p>Dizzy</p> </div> <p>Warning stickers (page 310): Indapamide 16, A Hydrochlorothiazide + irbesartan, indapamide + perindopril 11, 12, 16, 21, A</p>
<p>Check</p>	<div>  <p>Blood test</p> <p>Check BGL and kidney function and electrolytes (UEC) before starting medicine, then every 6–12 months</p>  <p>Blood pressure</p> </div>