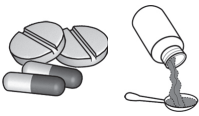

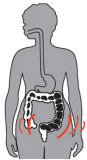


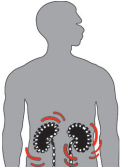
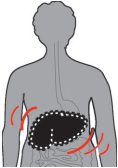
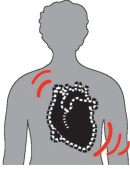






Active ingredients (generic names)	<p>ANTACIDS (ant-acids)</p>  <p>Usually combinations of aluminium hydroxide, calcium carbonate, magnesium hydroxide.</p>
What it is used for	<ul style="list-style-type: none">• Eases pain of stomach upset<ul style="list-style-type: none">▸ Gastritis, reflux, indigestion▸ Heartburn in pregnancy▸ Stomach ulcers
How it works	<ul style="list-style-type: none">• Neutralises stomach acid to prevent pain if stomach acid comes back up oesophagus 
Side effects	<ul style="list-style-type: none">• Usually none if taken for short time <div><p>Constipation — if a lot of aluminium or calcium</p></div> <div><p>Diarrhoea — if a lot of magnesium</p></div>

 <p>Warnings</p>	<div>  <p>Kidney trouble (antacids with sodium)</p> </div> <div>  <p>Liver trouble (antacids with sodium)</p> </div> <div>  <p>Heart failure — do not use antacids with sodium</p> </div> <div>  <p>Medical consult if needed for more than one week</p> </div> <p>Interactions — Do not use together without medical consult</p> <ul style="list-style-type: none"> • Antacids should not be taken at same time as other oral medicines. Leave 2 hours between taking an antacid and another medicine
<p>Tell the patient</p> 	<ul style="list-style-type: none"> • Only use when you have symptoms • Take between meals and at bedtime, or when needed • Shake bottle before taking mixture • Tablets work best if chewed but can be swallowed whole <div>  <p>Do not drink alcohol (grog) — makes symptoms worse</p> </div> <div>  <p>Return to clinic if not getting better OR symptoms come back</p> </div>
<p>Check</p>	<ul style="list-style-type: none"> • Check for underlying problem (eg heart trouble, stomach ulcer)