









<b>Active ingredients (generic names)</b>	<b>ORAL REHYDRATION SALTS</b>  <b>Common name:</b> ORS
<b>What it is used for</b>	<ul style="list-style-type: none"><li>• Replacing fluid, body salts (electrolytes), glucose lost when person at risk of or dehydrated due to<ul style="list-style-type: none"><li>▸ Diarrhoea</li><li>▸ Vomiting</li><li>▸ Sweating a lot</li></ul></li></ul>
<b>How it works</b>	<ul style="list-style-type: none"><li>• Provides replacement fluid, body salts (electrolytes), glucose</li></ul> 
<b>Side effects</b>	<ul style="list-style-type: none"><li>• Usually none if taken for short time</li></ul>

 <p><b>Warnings</b></p>	 <p>Children (watch for signs of dehydration)</p>  <p><b>Medical consult</b> if needed for more than a few days May be another problem</p>  <p><b>Urgent Medical consult</b> if large fluid loss OR person can't tolerate fluid replacement</p>
<p><b>Tell the patient</b></p> 	<ul style="list-style-type: none"> <li>• Important to measure right amount of clean drinking water before mixing             <ul style="list-style-type: none"> <li>▶ Usually 2 tablets or 1 sachet in 200mL of water</li> </ul> </li> <li>• Children may take ORS better if frozen and given as an ice block</li> </ul>
<p><b>Check</b></p>	<ul style="list-style-type: none"> <li>• Dose given according to body weight and severity of diarrhoea</li> </ul>  <p>Making ORS Dissolve sachet or tablets with right amount of water before use</p>