





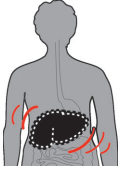





<p>Active ingredients (generic names)</p>	<p>OMEPRAZOLE (o-mep-ra-zol)</p>  <p>Other proton pump inhibitors (PPIs) Not included in this monograph — see <i>AMH</i> for information:</p> <ul style="list-style-type: none"> • Esomeprazole • Lansoprazole • Pantoprazole • Rabeprazole
<p>What it is used for</p>	<ul style="list-style-type: none"> • Pain from stomach upset <ul style="list-style-type: none"> ▸ Gastritis, reflux, indigestion ▸ Stomach ulcers • Preventing stomach irritation caused by taking NSAIDs
<p>How it works</p>	<ul style="list-style-type: none"> • Stomach makes acid to help digest food. Acid can irritate stomach lining. PPIs reduce amount of acid in stomach 
<p>Side effects</p>	<ul style="list-style-type: none"> • Usually none for first 2 months  <p>Headache</p>  <p>Nausea</p>  <p>Diarrhoea</p>

 <p>Warnings</p>	  <p>Liver trouble — with higher doses</p> <p>Medical consult if needed for more than a short time — may be another problem (eg heart trouble)</p>
<p>Tell the patient</p> 	<p>• Swallow tablets whole. Do not crush or chew</p>  <p>Return to clinic if needed for more than 1–2 months</p> <p>Warning stickers (page 310): 13, A</p>
<p>Check</p>	<p>• Does person still need it after taking it for long time</p>